

# Contents

Idioms 101		i
How to use this book		vi
The setting		ix
Our heroes		x
<b>Idioms about animals</b>		
Day 1	Dogs and cats	2
Day 2	Birds	10
Day 3	Farm animals	17
Day 4	Other animals	24
<b>Idioms about food</b>		
Day 5	Meals	32
Day 6	Fruits and desserts	39
<b>Idioms about health</b>		
Day 7	Illness	46
Day 8	Lifespan	53
Day 9	Body parts and appearance	61
<b>Idioms about relationships</b>		
Day 10	Opinions of others	68
Day 11	Arguments and enemies	75
Day 12	Friendship	82
<b>Idioms about sport</b>		
Day 13	Sports games	90
Day 14	Competing	97
<b>Idioms about success and failure</b>		
Day 15	Work	104
Day 16	Wealth	111
Day 17	Failing and staying positive	118
<b>Idioms about emotions</b>		
Day 18	Fear and anxiety	126
Day 19	Anger and surprise	133
Day 20	Happiness and sadness	140
Where did these odd idioms come from?		147
Answer key		151
Revision cards		

