

# Feelings and emotions

## Lesson 1

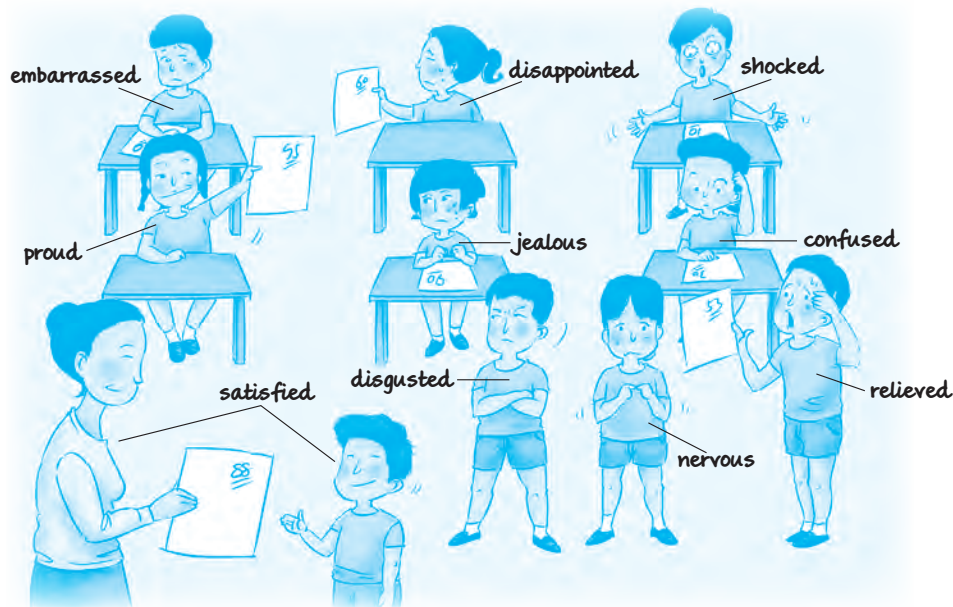
embarrassed disappointed shocked  
relieved ...

### Vocabulary lesson



Time limit: 15 min

Miss Chan is returning some test papers to her class. While she is distributing the papers to the students, she notices that they have different feelings and emotions before and after receiving their papers.



### Vocabulary extra

The words above are emotion adjectives. We can also use emotion verbs and verb phrases to describe people's feelings and emotions:

- ▶ When you are in danger, you may **feel scared**.
- ▶ When people do better than you, you may **envy** them.
- ▶ When people do something good for you, you may **feel grateful** to them.
- ▶ When you do something wrong, you might **regret** it (= you are sorry for what you did and you wish it had not happened).
- ▶ When you see beggars asking for money on the street, you may **pity** them (= you wish their lives were better).

## Practice in context



Time limit: 11 min

- I. Maggie is talking with her friend Kathy. Complete the following dialogue with the correct words in the box. There are two words you do not need. Time: 6 min

confused	disappointed	disgusted	embarrassed
nervous	regret	scared	shocked

Maggie: I went to the Halloween Festival yesterday.

Kathy: Was it good?

Maggie: I was quite (1) \_\_\_\_\_. It wasn't scary at all.

Kathy: Did you visit the haunted house? I heard it was the scariest one in 14 years of the town's Halloween Festival.

Maggie: The most frightening thing in the haunted house was probably the food. Each of the participants had to finish a plate of gummy worms before leaving the house.

Kathy: Ew. How did you feel when you were eating them?

Maggie: I felt (2) \_\_\_\_\_. It was like eating real worms. They were placed on a bed of chocolate doughnut crumbs, like they were lying on some freshly dug soil. The taste was awful. Other than that, there was nothing special about the house. I wasn't (3) \_\_\_\_\_ by the 'ghosts'. Quite the opposite, in fact. I (4) \_\_\_\_\_ some of the ghosts when I suddenly shouted at them. And they looked (5) \_\_\_\_\_. They were supposed to scare the visitors, not the other way round.

Kathy: I really (6) \_\_\_\_\_ not going with you. It would have been really funny to see you playing tricks on them.

- II. In the following sentences, the words in **bold** are used wrongly. Write the correct words on the lines.

Time: 5 min

1. I wasn't **scared** with just getting a 'pass' in the test. I think I could have done a lot better. \_\_\_\_\_

2. I really **regret** people who are so poor that they can't afford to feed or clothe themselves properly. \_\_\_\_\_

3. I'm **confused** that no one was hurt in the accident. \_\_\_\_\_

4. He was very **disappointed** that his son had been chosen for the national team. \_\_\_\_\_

5. I often **seem** scared when I have to walk home on my own when it is dark. \_\_\_\_\_



Take a break!

## Lesson 2

prefer would rather wish hope ...

### Vocabulary lesson

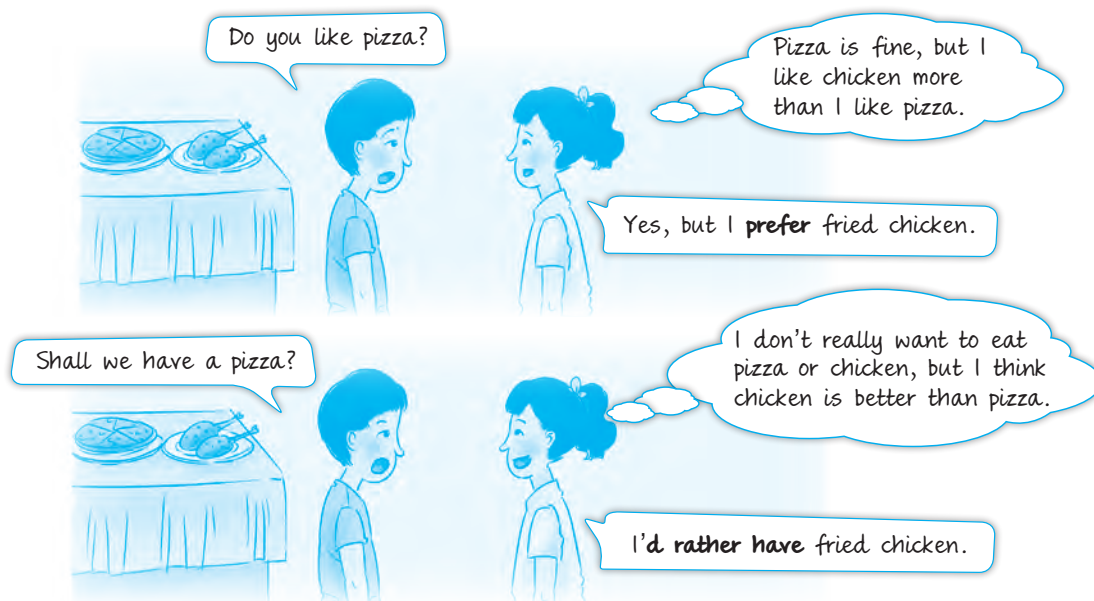


Time limit: 15 min

There are some other verbs that we use in our daily lives to describe feelings and preferences (i.e. what we like), such as **prefer** and **would rather + verb**.

We use **prefer** to talk about things we generally like more than other things.

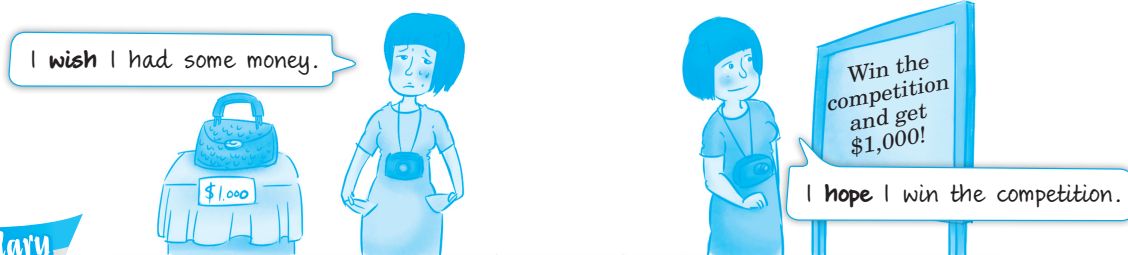
We use **would rather + verb** to talk about things we like when we must choose among other things. We may not really like any one of these choices.



To talk about something that we want to happen, we can use **wish** and **hope**.

We use **wish** when we want something that is impossible or extremely difficult.

We use **hope** when we want something that is possible or likely.



### Vocabulary extra

**Wish** is followed by a past tense verb:

- |   |  |
|---|--|
| ▶ I <b>wish</b> I <u>had</u> been there with you. ✓ | ▶ I <b>wish</b> I <u>have</u> been there with you. ✗ |
| ▶ I <b>wish</b> you <u>could</u> come with us. ✓    | ▶ I <b>wish</b> you <u>can</u> come with us. ✗       |

## Practice in context



Time limit: 12 min

You are on a social networking website (a website like *Facebook*). Your friend Michelle has written about her hopes and wishes. Below is your reply to her. Circle the correct words to complete the message. The first one has been done for you.

**Michelle Wang** It's been raining all day. I hope the weather gets better tomorrow.  
About an hour ago • Comment

**Michelle Wang** I've just watched a travel programme about Europe. I wish I could go to Europe right now, but I've got my exams this week ... unfortunately!  
Yesterday at 17.36 • Comment

Message:

So you've got exams next week and you can still watch television? I'm really very (1. disgusted / jealous) of you!

Europe is great and I really like it there, but I (2. prefer / would rather) going to China than to Europe because things are cheaper there. My family isn't rich. I really (3. hope / wish) my family (4. has / had) more money so that we (5. can / could) see more of the world.

I've also got exams this week. I'm so (6. proud / nervous) right now! I (7. hope / wish) that I (8. have / had) another week or two to prepare. I (9. hope / wish) that I (10. get / got) a good result.

By the way, I got a message from Tom just now. He wants us all to do something together next week. He has suggested a picnic or a game of beach volleyball. I don't really want to do either, but I (11. prefer / would rather) play volleyball — at least that will help me keep fit! I know you don't really want to have a picnic or play volleyball either, but what (12. would you rather do / do you prefer)?

**Post** **Delete**

100%

# Test station

## List of tests and related topics:

Test	Related topic	Day
1	Feelings and emotions	1 (pp.2, 4)
	The environment	2 (pp.6, 8)
2	The arts	4 (pp.14, 16)
	Music	5 (pp.18, 20)
3	Health and health care	6 (pp.22, 24)
	Hobbies	9 (pp.34, 36)
4	Work and jobs	3 (pp.10, 12)
	Fashion	7 (pp.26, 28)
5	Modern technology	10 (pp.38, 40)
	Computers and the Internet	11 (pp.42, 44)
6	Charity	13 (pp.50, 52)

## Test 1



Time limit: 14 min

Samuel and Nelson are doing an online test about environmental protection. Complete the conversation using the vocabulary items from Day 1 and Day 2. You may need to write more than one word in some spaces.

Samuel: We have 15 minutes for the test. Let's start now! The first question is, 'How can we save energy at home?'

Nelson: I know. We should (1) \_\_\_\_\_ all (2) \_\_\_\_\_ appliances when they are not in use. Right?

Samuel: Yes! The next one is where we should place materials for recycling.

Nelson: We should put them into (3) \_\_\_\_\_.

Samuel: You're so clever! I'm really (4) \_\_\_\_\_ of you! Next, how can we reduce the use of plastics? Oh no, that's a really difficult one ...

Nelson: OK, take it easy, don't start getting (5) \_\_\_\_\_. Let me think. Yes, I know, we can use (6) \_\_\_\_\_ containers to store food in the fridge.

Samuel: Right! We can also take our own (7) \_\_\_\_\_ when going shopping.

Nelson: Good! The next one says that (8) \_\_\_\_\_ in Hong Kong is so serious that it causes 90,000 hospital admissions and 2,800 deaths due to respiratory diseases every year. So what can we do to improve the air quality?

Samuel: 2,800 deaths? I'm really (9) \_\_\_\_\_ by that figure! All right, I suggest we should leave our cars at home and travel by (10) \_\_\_\_\_ or on (11) \_\_\_\_\_ to reduce gas emissions.

Nelson: Great answer! Look, this is the last question: 'Please name one (12) \_\_\_\_\_ activity in Hong Kong.'

Samuel: What? I can't think of any right now.

Nelson: Let me see. I remember that there's an activity organized by WWF. It's called ... yes! It's called Earth Hour!

Samuel: Well done! We've finished it! Phew! I'm so (13) \_\_\_\_\_ now.

Nelson: Me too. I'm quite (14) \_\_\_\_\_ with our performance. Hope we score full marks!

Score



Time limit: 12 min

## Test 2

The following article is about music and arts in Hong Kong. Complete it using the vocabulary items from Day 4 and Day 5. The first letter of the each answer has been given to you.

Hong Kong is an international city where people can enjoy both Chinese and Western cultures. In this article, we will look at (1) m\_\_\_\_\_ and the arts in Hong Kong.

For the arts, we have the Hong Kong Museum of Art, which showcases different kinds of artwork, such as (2) s\_\_\_\_\_ and (3) p\_\_\_\_\_. These include some of the world's most famous pieces, and provide essential viewing for anyone interested in these subjects. In addition, there are lots of performing arts in Hong Kong. We can see traditional Chinese (4) o\_\_\_\_\_, modern (5) d\_\_\_\_\_, (6) b\_\_\_\_\_ and dramas. We can also experience the arts by reading about them. In the city's libraries, there are a huge variety of books on the subject. Furthermore, if you like literature, there are a number of great choices. For example, (7) n\_\_\_\_\_ by some of the world's greatest authors, and biographies of the most influential people in the world.

As for music, you should not miss the live performances that take place at the Hong Kong Coliseum. There are (8) r\_\_\_\_\_ concerts for those who like their music loud and modern, (9) c\_\_\_\_\_ music concerts for those who prefer something more traditional, and (10) j\_\_\_\_\_ events for those who like improvised music. In fact, the Coliseum plays host to some of the best (11) m\_\_\_\_\_ in the world — to see and hear them play there is an unforgettable experience. Moreover, you can buy just about any CD from the huge number of shops in the city, or simply (12) d\_\_\_\_\_ the latest music (legally, of course!) from the web if you want to enjoy music at home.

There are hundreds of music and arts events in Hong Kong, and we suggest that you make the most of every opportunity to enjoy as many as possible.

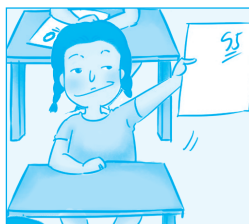
Score



# Revision cards

DAY 1

## Feelings and emotions



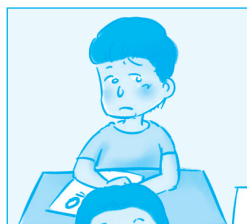
proud



confused



disappointed



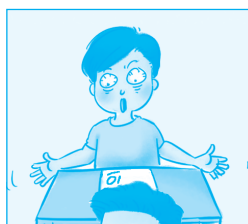
embarrassed



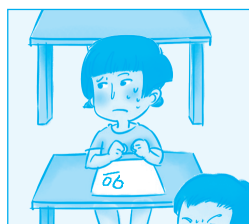
relieved



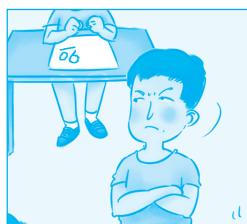
satisfied



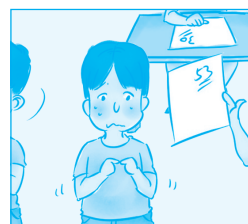
shocked



jealous



disgusted



nervous

DAY 2

## The environment



heavy traffic



heavy industry



household waste



Put all the materials that can be recycled into recycling bins.



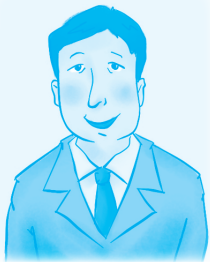
Travel by public transport (e.g. minibus) or on foot.



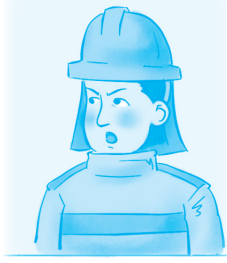
Bring your own bag or reuse plastic bags when you go shopping.

## DAY 3

## Work and jobs



businessman



firefighter



shop assistant



flight attendant



actor

A good employee should be:

- efficient
- well-organized
- able to meet deadlines
- punctual
- responsible
- a good team player
- hardworking
- good at multitasking

## DAY 4

## The arts



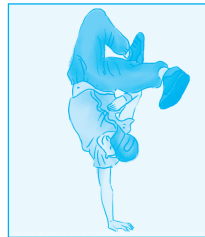
opera



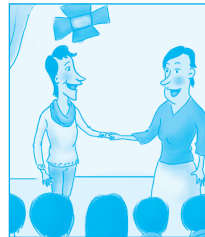
ballet



rock concert



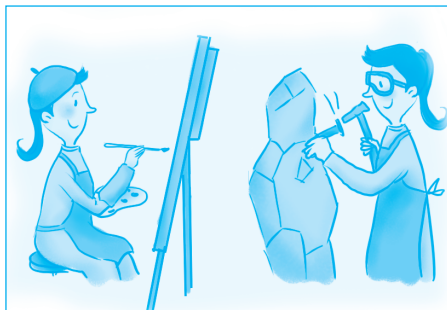
modern dance



drama

classical music  
concert

a writer / novelist



a painter



an actress

an actor